



Get breastfeeding support
from your WIC clinic.

Income eligibility

Families already receiving Medicaid, Food Stamps and TANF are income eligible for the WIC program.

Household* size:	Annual income, up to \$: (total before deductions)	Household* size:	Annual income, up to \$: (total before deductions)
1	\$20,036	7	\$61,550
2	\$26,955	8	\$68,469
3	\$33,874	9	\$75,388
4	\$40,793	10	\$82,307
5	\$47,712	11	\$89,226
6	\$54,631	12	\$96,145
For each additional member add \$6,919			

If you are pregnant, count yourself as two (2).

* Household means a group of people (related or not) who are living as one economic unit.

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i am

healthy


smart

responsible

good

strong

i am



Feed your family well.

The WIC program helps families like yours start strong and stay that way. We give you checks you can use to get nutritious foods, free.

Who's eligible?

- Pregnant women
- New moms (up to six months after delivery)
- Breastfeeding moms (up to one year after delivery)
- Infants
- Children under the age of five

You must live in Indiana and meet income guidelines.

Check the income chart on the back to see if your family might qualify. When you apply, you'll receive a personalized nutrition assessment to see if the program is right for you.

How does WIC work?

As a WIC applicant, you will visit the clinic in your community for a free visit to be enrolled and to pick up your checks.

At the appointment, you'll receive nutrition support, and learn about other services you can use to help your family.

The WIC checks can be used at local grocery stores for cereal, juice, milk, cheese, eggs, peanut butter and formula. And beginning September 28, 2009, fruits, vegetables and whole grains will be available. The food is healthy and everything is free, which makes it easy to do what's right for you and your kids.

You're not alone.

We know that raising a family takes more than love. It takes money.

Unfortunately, times are tight for families like yours all across Indiana. Every month, more than 155,000 Hoosiers count on WIC for more than free food.

They count on us for good food, free.

Feed your family's future.

Call 800-522-0874

to find a clinic near you.

